

# Supporting PAX Students at Home

## **Granny's Wacky Prizes**

Granny's Wacky Prizes are strategies your child's teacher uses to reward the class for a job well done. These short, fun group activities are far more rewarding than stickers or material items. Granny's Wacky Prizes teach children that working hard, working together and making good decisions pays off for everyone.

#### Granny's Wacky Prizes can help your child right away:

- They will set and achieve their goals.
- They will become more patient.
- They will celebrate their own success as well as that of their peers.

#### Granny's Wacky Prizes can help your child in the long run:

- They will make clear associations between cause and effect.
- They will voluntarily work toward group success.
- They will avoid impulsive or problematic choices.

### Here's how you can use Granny's Wacky Prizes when working on school at home:

- 1. Pick several free, fun, active prizes children may enjoy. Taking funny pictures, dancing to a favorite song or playing together outside can serve as mystery rewards.
- 2. Write the prizes on a slip of paper and store them in a special jar, bag or hat.
- 3. Draw a prize as a reward when the child displays good effort on an assignment or activity especially those that have been difficult in the past. Make the prize appear to be randomly selected, even if you have a specific one in mind.
- **4.** Perform the prize along with the child. Prizes we can do together are the most fun and motivating.

Granny's Wacky Prizes jumpstart motivation for completing tasks and positive behaviors while avoiding distractions and negative behaviors by harnessing the brain's natural reward-seeking instinct. These rewards pave the way for children's understanding of cause and effect – as well as creating more peace, productivity, health and happiness for everyone!

The PAX Good Behavior Game® betters children's lifetime outcomes, and betters the world. This PAX Tip Sheet<sup>TM</sup> joins communities of PAX children and adults in common purpose to create more peace, productivity, health and happiness around the world. This PAX GBG Tip Sheet© PAXIS Institute, 2020 may be reproduced without cost, with the copyright and trademark notices present. PAX Good Behavior Game® and PAX Tip Sheet are trademark<sup>TM</sup> of PAXIS Institute, an international prevention science organization, www.paxis.org.

