

Supporting PAX Students at Home

PAX VISION

PAX Vision is a strategy your child's teacher uses to set clear expectations for everything we want to see, hear, feel, and do more or less of during an activity. **PAX Vision** allows all students to engage in establishing expectations, ensuring that everyone is on the same page about what to do and what to avoid.

PAX Vision can help your child right away:

- They will cooperate more consistently with expectations.
- They will complete requests with less reminding or nagging.
- They will have less conflict with peers and adults at school.

PAX Vision can help your child in the long run.

- They will stop and think before engaging in new or potentially dangerous activities.
- They will take responsibility in making positive choices and avoiding negative choices.

Here's how you can use PAX Vision when working on school at home:

- 1. Before starting a school assignment, ask the child what we need to see, hear feel, and do more of to make sure the assignment gets done well.
- 2. Also, ask what we need to see, hear, feel, and do less of to make sure it gets done well.
- 3. Be sure the more outnumbers the less. For example, recommend more staying on the right website instead of less getting distracted.
- **4.** Provide guidance if there are issues around schoolwork that they may have missed; make sure to complete the **PAX Vision** together.
- 5. Throughout the activity, compliment them for their more behaviors and remind them of the PAX Vision for their less behaviors. Reflect on how it went at the end of the assignment.

PAX Vision reduces conflict and frustration by ensuring adults and children are on the same page with expectations before, during and after an activity. When everyone is on the same page, it creates **peace**, **productivity**, **health and happiness for everyone**.

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